

The benefits of using play dough for young children are wonderful and the play possibilities are endless!

You need:

2 cups plain flour (all purpose)

2 tablespoons vegetable oil

1/2 cup salt

2 tablespoons cream of tartar

Up to 1.5 cups boiling water (adding in increments until it feels just right)

food colouring (optional)

few drops glycerine (optional- adds more shine!)



Method:

Mix the flour, salt, cream of tartar and oil in a large mixing bowl

Add food colouring TO the boiling water then into the dry ingredients (colour optional)

Stir continuously until it becomes a sticky, combined dough

Add the glycerine (optional)

Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*

(If it remains a little sticky then add a touch more flour until just right)

Voila!

We use these Wilton Gel colours as they are much more vibrant and take only a tiny amount to colour the dough. We also use them in all our other sensory play activities to and they last for ever!

You can store this play dough in an air tight container for at least 6 months. If you live in a humid climate you might need to store it in the fridge and out of sunlight.