











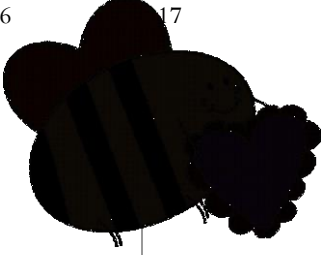





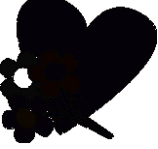


2018 FEBRUARY

National Kidney Month
 Healthy Heart Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Healthy Heart</p>  <p>Healthy You</p>				<p>1</p> <p>Drop-In-Play 10:00am-2:00pm</p>	<p>2</p> <p>GROUND HOG DAY</p> 	<p>3</p> 
<p>4</p> 	<p>5</p> 	<p>6</p> <p><i>Pancake Breakfast for Homelessness</i> 7:30am – 12:30pm Bird Cove Community Centre</p> <p>Drop-In-Play 10:00-12:00pm</p>	<p>7</p> <p>On Our Way 10am-12pm</p> <p>After School Program 3:00pm-5:00pm (Valentine's Craft)</p>	<p>8</p> <p>Tiny Tots 10:00-12:00pm</p>	<p>9</p> 	<p>10</p> 
<p>11</p> 	<p>12</p> <p>Parent Program (Physical activity- Get your heart ticking) 6:30-8:30pm</p>	<p>13</p> <p>Tiny Tots 10am-12pm (Valentine's Fun)</p>	<p>14</p> <p>On Our Way 10am-12pm (Valentine Party)</p>  <p>After School Program 3:00pm-5:00pm (Valentine Fun)</p>	<p>15</p> <p>Drop-In-Play 10:00-12:00pm</p>	<p>16</p> 	<p>17</p> 
<p>18</p> 	<p>19</p> 	<p>20</p> <p>Tiny Tots 10am-12pm</p>	<p>21</p> <p>On Our Way 10am-12pm</p> <p>After School Program 3:00pm-5:00pm (Cooking Creations)</p>	<p>22</p> <p>Drop-In-Play 10:00am- 12:00pm</p>	<p>23</p> 	<p>26</p> 
<p>27</p> 	<p>28</p> 