




# February 2018 Roddickton Healthy Baby Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Heart Health Month				1	2	3 
4	5 <b>Exercise, Posture &amp; Body Mechanics</b> 7PM	6	7	8	9	10
11	12 <b>Heart Health</b> 7PM	13	14 <i>Happy Valentine's Day</i>	15	16 	17
18	19 <b>Breastfeeding Attitudes</b> 7PM	20	21	22	23	24
25	26 <b>Discomforts of Pregnancy</b> 7PM	27	28	Resource Mom Candace Reid 457-2526/454-7611 candyastra@msn.com	Check us out on the web! <a href="http://www.norpenfrc.ca">www.norpenfrc.ca</a>	We are located at Cloud River Academy!